班級︰ 座號︰ 姓名︰

**臺中市立西苑高中自主學習計畫自我檢核表**

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| **週次** | **日期** | | **我的計畫內容** | | **這節課實際做了什麼** | | **這節課做得滿意的部分**  **或遭遇的問題(困難)** | | **自己評分(1-10分)** | |
| 1 | 3/1 | | 學習計畫編寫 | | 填完表格中的「學習計畫」 | | 對自己的計畫目標無法清楚掌握，所以不知道該怎麼分配進度寫成18周計畫 | | 6 | |
| 2 |  | |  | |  | |  | |  | |
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| **週次** | | **日期** | | **我的計畫內容** | | **這節課實際做了什麼** | | **這節課做得滿意的部分**  **或遭遇的問題(困難)** | | **自己評分(1-10分)** | |
| 10 | |  | |  | |  | |  | |  | |
| 11 | |  | |  | |  | |  | |  | |
| 12 | |  | |  | |  | |  | |  | |
| 13 | |  | |  | |  | |  | |  | |
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| 15 | |  | |  | |  | |  | |  | |
| 16 | |  | |  | |  | |  | |  | |
| 17 | |  | |  | |  | |  | |  | |
| 18 | |  | |  | |  | |  | |  | |
| 這次自主學習計畫與執行讓我學到了什麼 | | | | | |  | | | | | |
| 經過這學期的自主學習，我下學期有什麼計畫 | | | | | |  | | | | | |